

NOHS MINI CHEER CLINIC!

WHO: All girls grades K-8

WHAT: Cheer clinic taught by the NOHS Cheerleaders and coaches. You will learn the basics of cheerleading and a routine to perform during halftime of the Varsity game on **FRIDAY, September 15TH**. **The varsity game will be played at the Westlake High School Stadium. It is considered a home game.**

WHEN: Clinic will be held on **Tuesday, September 12th** from 5:00 – 8:00 p.m. to get you ready for the game! ****Pizza & snacks will be provided at the clinic – PLEASE SEND YOUR CHILD WITH WATER FOR THE CLINIC****

WHERE: High School Cafeteria – 5755 Burns Road (Signs will be posted)

COST: \$45.00 Checks made payable to NOHS

REGISTRATION: Registration can be found at northholmstedschools.org on the athletic website. **Please plan to register online no later than Monday, August 28th.**

Please mail forms to:

NOHS, 5755 Burns Road, North Olmsted, Ohio 44070 Attention: Julie Roman. **If you do not get your forms in by MONDAY, AUGUST 28TH we cannot guarantee your child's t-shirt size will be available.**

Hoodies will also be available for this mini clinic. There is an additional order form attached to this packet that will allow you to order a hoodie if you would like! The cost for the hoodie is \$30 each.

*All participants will receive a long sleeve shirt to be worn on the night of the performance. This shirt will allow the **child** free entry into the game. Parents: please have children ready to perform at the beginning of the **2nd quarter**. Children should be brought down to the **track entrance closest to the score board on the home side of the stadium**. (An announcement will be made when the children should be brought down.) Parents can purchase tickets through the high school athletic office (440) 779-8797. ****PARENTS MUST RETURN TO THE GATE AT THE TRACK WHERE THE CHILDREN ARE DROPPED OFF IMMEDIATELY AFTER THE PERFORMANCE. CHILDREN WILL ONLY BE RELEASED TO A PARENT****

Participants should wear **tennis shoes and loose clothing** to the clinic. On game day, please dress your child in tennis shoes, black pants, and their mini cheer clinic shirts. Please also be prepared for any type of weather and bring hats, gloves, and coats. Feel free to layer your child's clothing so that they stay warm!

Questions? Contact the coach!

Julie Roman

nohscheer2011@yahoo.com

NOHS Cheer Coach

Mini Clinic Hoodie Order Form

Hoodies with the same design as the mini clinic t-shirt can be ordered for an additional cost of \$30 each.

Participant Name: _____ Grade: _____

Parent Name: _____ Phone: _____

Hoodie Size:

_____ Youth Small

_____ Adult Small

_____ Youth Medium

_____ Adult Medium

_____ Youth Large

_____ Adult Large

_____ Adult X-Large

****Hoodies orders must be placed at the time of registration for the mini clinic. We will not be able to accept any orders after August 28th.**

**NOHS Mini Cheer Clinic Registration Form
(Please Print)**

Student Name: _____

Grade: _____ Age: _____

Parent Name: _____

Parent Phone: _____

Allergies or Medical Conditions that the staff should be aware of: _____

T-Shirt Size: **(If we do not receive your order form by Monday, August 28th, we may not be able to get the size you request).**

_____ Youth Small _____ Adult Small _____ Adult X-Large

_____ Youth Medium _____ Adult Medium

_____ Youth Large _____ Adult Large

Please make sure all forms are filled out completely and turned in to the High School Athletic Office by **Monday, August 28th**. Participants will not be allowed to participate in the clinic unless the registration is completed.

Having read the information presented, we release, North Olmsted High School, the directors and staff of the North Olmsted Cheerleading Program, from illness, injuries, and damages suffered as a result of participation in this clinic or traveling to and from this clinic. Our signature certifies compliance to this information and we understand that the entry fees paid are non-refundable.

Parent/Guardian Signature _____ Date _____