



Eagles Elite Girls Soccer Training

About our training: The Eagles Elite Girls Soccer Training program has been designed to meet the needs of girls' soccer players in North Olmsted. This program will have three key components: technical training, soccer specific fitness and friendly games against neighboring communities. All games will take place during regular practice times at the Middle School Gym.

Specifics

Practice times are by birth year:

2004-2006: 11:00-12:00 A.M

2007-2008: 11:00-12:00 A.M

2009-2010: 10:00-11:00 A.M

2011-2012: 10:00-11:00 A.M

Dates:

November 3, 10, 17

December 1, 8 and 15

January 5, 12, 19, 26

February 2, 9, 16, 23

Location: North Olmsted Middle School
Gym – Enter through the MS main entrance

Price: \$80.00

Contact: Bob Armentrout

Bob.Armentrout@nocseagles.org

Coaching Staff

Bob Armentrout

- North Olmsted High School Girls Soccer Head Coach

Pete Dubois

- North Olmsted High School Girls Soccer Assistant Coach

Jen Janosek

- North Olmsted High School Girls Soccer Assistant Coach

Chris Chubowski

- North Olmsted High School Girls Soccer J.V. Coach

Max Becker

- Former North Olmsted soccer Player and current player for Detroit Mercy