



Eagles Elite Girls Soccer Training

About our training: This year kicks off our second year of training girls soccer players. Last year we had over 60 girls participate in this program. The Eagles Elite Girls Soccer Training program has been designed to meet the needs of girls' soccer players in North Olmsted. This program will have three key components: technical training, soccer specific fitness and the use of small sided games to create the thinking player.

Dates:

November 2, 9, 16, 23

December 7, 14, 21

January 11, 18, 25

February 1, 8, 15, 22

Practice times are by birth year:

2005-2008: 12:00-1:00

2009-2010: 11:00-12:00

2011-2012: 11:00-12:00

Location: North Olmsted Middle School
Gym

Price: \$80.00

Register at:

<https://northolmstedathleticscamps.myonlinecamp.com/>

Contact: Bob.Armentrout@nocseagles.org

Coaching Staff

Bob Armentrout

- North Olmsted High School Girls Soccer Head Coach

Pete Dubois

- North Olmsted High School Girls Soccer Assistant Coach

Jen Janosek

- North Olmsted High School Girls Soccer Assistant Coach

Hannah Brown

- North Olmsted High School Girls Soccer Assistant Coach